



## AUGMENT QUESTIONNAIRE

Today's Date: \_\_\_\_\_

Your name: \_\_\_\_\_

Street Address: \_\_\_\_\_

\_\_\_\_\_

City, Province/State and Postal/Zip Code \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ (dd/mm/yy)      Age: \_\_\_\_\_ (years)

Height: \_\_\_\_\_ (cm/inches)      Weight: \_\_\_\_\_ (kg/lbs)

Fertility Diagnosis: \_\_\_\_\_ (example, endometriosis)

Duration of Infertility: \_\_\_\_\_ (years)

### Menstrual History

Last Menstrual Period Date: \_\_\_\_\_

Do you have regular periods and if not, number of days of your cycle?: \_\_\_\_\_

How old were you when you first had your period: \_\_\_\_\_ years old

Menstrual Flow:    Normal    Light    Heavy

Do you ever pass clots?    Yes    No

Do you experience pain with your periods?    None    Mild    Moderate    Severe

Do you take medication for the pain?    Yes    No

If yes, what medication? \_\_\_\_\_

Before your periods, do you have (please circle):

Cramps

Breast tenderness

Bloating

Mood Changes

**Gynecological History:**

Do you have any history of sexually transmitted diseases (STDs)?    Yes    No

If Yes, explain: \_\_\_\_\_

When was your last PAP? \_\_\_\_\_(mm/dd/yy)    Was it normal?    Yes    No

Did you have any treatment on the cervix?    Yes    No

If yes, explain: \_\_\_\_\_

Have you ever used any birth control of contraception in the past?    Yes    No

If yes, explain: \_\_\_\_\_

If applicable, do you have pain with intercourse?    Yes    No

If yes, is it :    Initial    Deep

**Previous Fertility Investigations/Treatment:**

What was your most recent FSH level? (level and date): \_\_\_\_\_(include unit of measure)

What is your most recent AMH level? (level and date): \_\_\_\_\_(include unit of measure)

What is your most recent antral follicle count? (# of follicles and date): \_\_\_\_\_

How many cycles of IVF have you done? \_\_\_\_\_

In your last IVF cycle, how many eggs were retrieved? \_\_\_\_\_

Do you have any frozen eggs? If so, how many? \_\_\_\_\_

**Obstetric History:**

Have you been pregnant before this period of infertility?:    Yes    No

If so, what was the outcome (date of birth/ vaginal or C-section/at term/ complications/sex):

\_\_\_\_\_  
\_\_\_\_\_

If you experienced miscarriages, please provide details of your miscarriages:

\_\_\_\_\_  
\_\_\_\_\_

If you ever had an elective abortion, please provide details:

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**Past Medical History**

Have you had abdominal surgery before?    Yes    No

Do you have fibroids?    Yes    No

Do any genetic diseases run in your family?    Yes    No

Do you have any other health issues of concern?

Heart disease	Hypercholesterolemia	Hypertension	Diabetes
Cancer of any kind	Asthma	Hepatitis B or C Carrier)	

Other: \_\_\_\_\_

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Are you current taking folic acid of a prenatal vitamin?    Yes    No

Please list any medications you are currently taking on a regular basis:

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**Social History**

Do you smoke?    Yes    No    If yes, how many per day? \_\_\_\_\_

Do you drink alcohol?    Yes    No    If yes, how many per day? \_\_\_\_\_

Do you use recreational drugs?    Yes    No    If yes, please explain: \_\_\_\_\_

If applicable, are you and your partner related by blood?    Yes    No

What is your ethnic background? \_\_\_\_\_

*Once complete, please send to First Steps Fertility:  
Email: [f.weisberg@firststepsfertilityclinic.com](mailto:f.weisberg@firststepsfertilityclinic.com)  
Fax: 416-924-7099  
Mailing address: Suite 215 - 4025 Yonge St., Toronto ON, CANADA M2P 2E3*